

# Playground & Sportsmanship Rules

## Swing Set Rules

- One person per swing
- No jumping off swings (come to a full stop)
- Keep a safe distance from moving swings
- Use only a sitting position on the swing
- Keep off swing poles (no climbing on poles)
- No spinning or swinging sideways

## Slide Rules

- Down only – do not climb up the slide
- Feet first
- Exit quickly
- No jumping over the sides of the slide
- One person at a time on the slide

## Other Playground Equipment Rules

- *No tag playing on the equipment*
- Do not climb on top of the equipment, including tubes
- No jumping from the top of the equipment
- No knee hanging on the monkey bars
- No balls or ball playing around equipment

## Other Safety Rules

- Do not leave the playground without permission
- No tackling or rough play
- Stay out of the woods
- No throwing mulch, stones or sand
- No playing with sticks

## Sportsmanship

- *Include all students in activities*
- Keep your hands, feet and objects to yourself
- No teasing or name calling
- Be self-responsible and considerate of others
- Discuss rules before playing group games
- Treat others as you want to be treated
- No rough play or foul language

## Responsibility

- Use equipment properly
- Line up quickly and quietly