

The background is a dark blue gradient with a starry, nebula-like texture. On the left side, there are several overlapping circular and semi-circular patterns in a lighter blue color. These include solid lines, dashed lines, and concentric circles. Some of these patterns have small arrowheads pointing in various directions. A large, prominent circular scale is visible, with numerical markings from 140 to 260 in increments of 10, arranged along its circumference. The overall aesthetic is clean, modern, and technical.

# KINDNESS

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Kindness is important to us and any one in the world and you should spread it all around. Everyday in your life and it is just nice to do.

Kindness is “the quality of being friendly , generous, and considerate.”

These are some  
examples of kindness



Yesterday I went to the store and there was a lady walking out of the store and I held the door for her.



Today I was running a little late so my mom helped me get ready for the day.



You should always spread kindness.