

VOORHEES MIDDLE SCHOOL - PHYSICAL EDUCATION POLICY

Teachers – Miss Carrafiello, Ms. White & Mrs. Morales (extension 75138)
Mr. Day, Mr. Morales & Mr. Concepcion (extension 75212)

**Teacher e-mails can be located on the VMS website.

Physical Education and Health - All students have Physical Education and Health during the school year. Students should check their schedules to determine when they have health.

Preparation - Every student must report to the locker room **and** their squad position on time with proper physical education clothing and iPad. School discipline policy for CLASSROOM MISCONDUCT/LATENESS TO CLASS will be enforced. (1st offense – warning, 2nd offense – teacher detention and parent personal contact, 3rd offense – office referral) iPad will be used during all physical education marking periods. Students will be given class time to change clothing. It is necessary for students to label their possessions and secure them in a locker with a combination lock purchased from the school store (\$6.00). Students will have a locker assigned for their use during each PE marking period. **Only school locks with a V61 identification number on the back will be permitted.** Students may use the lock throughout their three years in the middle school. The Physical Education department is not responsible for items lost in the locker room,

so, **LOCK YOUR LOCKER!!!!**



Proper Physical Education clothing consists of either a PLAIN white or light gray T-shirt. The shirt should be labeled with 3 INCH BLOCK LETTERING of the students first name and last initial below the first name on the FRONT and BACK of the shirt. Please use black permanent magic marker. Any color **athletic** pants or shorts (no jeans), and athletic sneakers that fit securely on the foot. Platform or “fashion” sneakers are not permitted. PE uniforms may be obtained through the PFA or purchased on your own.

* **Jewelry presents a danger to child safety during Physical Education** class and cannot be held by the instructors. It is recommended that students do not wear jewelry on P.E. days to eliminate the chance of loss or theft. Wearing jewelry will lower a student’s preparation grade by 2 points for each offense.

Sweatshirts may be worn during the cold weather. In order to safely participate in the diversified program planned by the Physical Education Department, it is necessary for students to be properly prepared. Student success is dependent upon proper preparation. Students who are unprepared, experience difficulty in all aspects of Physical Education, in addition to losing points from their preparation grade. Unprepared students will not be permitted to participate in all PE activities (at the discretion of the PE staff). All non-participating unprepared students must complete a non-participation form and an unprepared assignment during the course of the class period. Unprepared students who are engaged in teacher authorized activity are required to complete the unprepared assignment at home and return the parent signed copy to the teacher within 3 days. In this situation, the non-participation form is not required. Failure to complete and return the forms on time may result in additional points being deducted from the assignment.

Physical Education Excuses - If a student has a medical or physical need that their teacher should be made aware, please notify the teacher by letter as soon as possible, even if you notified the school in prior years. If the student changes P.E. teachers during the year, the new teachers should be notified as well.

If a student needs to be excused from an activity in physical education because of a medical problem, the student will be required to complete a non-participation assignment during the class period, which correlates with the class activity for each day. A written parental or doctor medical excuse must be presented by the student to the **school nurse during homeroom** in the morning. If a student needs to be excused for more than three classes, a doctor’s note must be provided explaining the reason for non-participation.

The safety of your child is the top priority of the physical education department. **Parent cooperation and support** will assist the physical education staff to help your child perform a variety of activities, and understand the health benefits of involvement in physical activity and its relationship to lifetime wellness.

iPads, cell phones or other electronic devices are not permitted in the Gymnasium or lockers rooms unless specifically requested by a staff member for classroom use.

----- (Cut here)
I have read and understand the Physical Education Requirements.

Parent Signature _____

Student Signature _____

VMS Grading Policy for Physical Education

Students will be graded on a continual basis throughout the marking period. Student grades in Physical Education will be determined in the following way:

1. Preparation- (50%)

Based on being dressed in proper physical education attire and sneakers.

Student will lose 5 points off of their grade for each time they are unprepared.

Student are required to complete an unprepared and non-participation assignment. When returned with a parent signature the student will receive 2 points back.

(This must be done during the period, unless the student is engaged in teacher authorized activity)

Student will lose 2 points off of grade for each time they wear jewelry.

Student will lose 2 points off of grade for each late to squad position.

School discipline policy for CLASSROOM MISCONDUCT will be followed according to the school handbook.

2. QUIZ grade- (10%)

WRITTEN QUIZZES MAY INCLUDE- - a completed assignment in the folder such as a fitness component assessment of completed activities, charts for fitness circuit or Daily assessment and measurement or a written quiz given either in class or as a take home assignment etc.

3. Folder - (10%)

Failure to have an iPad in class will result in a loss of points. Preparation and completion of required assignments on the iPad, such as assessment charts and fitness measurement forms.

4. Effort- (20%)

Individual Effort – 5 %

Game Play Effort – 5 %

Sportsmanship – 5 %

Team Cooperation – 5 %

5. Warm-up- (10%)

Student must follow directions and complete required exercises during every warm up before class.